



BREAKFAST

Served 7.00am–9.30am Monday–Friday
and 7.30am–10.00am Saturday, Sunday
and Bank Holidays

All breakfasts include a selection of white and
wholemeal toast and a choice of freshly-brewed
cafetière coffee or a selection of teas.

FROM THE KITCHEN — 16.95

(including the buffet selection)

Porridge

Your choice of syrup or salt

The Midland Grilled Breakfast

Cumberland sausage, back bacon, grilled tomato,
black pudding, hash brown, baked beans, flat cap
mushroom and your choice of egg

Gluten-Free Grilled Breakfast (GF)

Cumberland sausage, back bacon, hash brown,
baked beans, grilled tomato, flat cap mushroom and
your choice of egg

Vegetarian Grilled Breakfast (V)

Vegan sausage, grilled tomato, baked beans, hash
brown, flat cap mushroom and your choice of egg

Vegan Grilled Breakfast (VG) (GF*)

Vegan sausage, grilled tomatoes, baked beans, hash
brown and flat cap mushroom

Duck Egg Benedict (V)

Toasted muffin with honey roast ham topped with a
poached duck egg and hollandaise sauce

Duck Egg Royal

Toasted muffin with smoked salmon topped with a
poached duck egg and hollandaise sauce

Duck Egg Mushroom Benedict

Toasted muffin with flat cap mushrooms, topped with a
poached duck egg and hollandaise sauce

The Midland Continental

Freshly baked croissant, pain au chocolate, honey-baked
ham, Lancashire cheese and preserves

Grilled Manx Kipper (GF)

A wedge of lemon

Avocado Smash (V) (GF*)

Served on toasted sourdough, poached eggs
and chilli flakes

Smoked Salmon & Scrambled Egg (GF)

Some dishes may contain nuts, or traces of nuts. To the best of our knowledge, all ingredients are
GM free. All prices are inclusive of VAT at the current rate. Game dishes may contain traces of shot.
Before ordering, please speak to our staff if you have a food intolerance or allergy.

(V) Vegetarian. (GF) Gluten free. (GF*) Gluten free adaptable. (VE) Vegan.



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FROM THE BUFFET — 10.95

Cereals

Cornflakes

Alpen

Weetabix

Rice Krispies

Bran Flakes

Fruit & Fibre

Gluten Free Cereals

Fruit, Yoghurt & Cereal Bars

Fresh Fruit Salad

Selection of Fruit & Natural Yoghurts

Homemade Granola Bars

Cold Beverages

Orange Juice

Apple Juice

Still or Sparkling Water

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