

#### THE CONISTON INN

# MAIN MENU

#### Available from 12pm - 9pm

Please order your food at the bar, quoting your table number when ordering

#### **STARTERS**

Broad Bean Hummus (VG) | £7 With hazeInut dukkah and warm flat bread



Hot Smoked Salmon Crumpet | £12 Toasted buttered crumpet topped with smoked salmon, crushed peas and mint, crème fraîche and a poached egg

Soup of the Day (V) | £6 Served with crusty bread and butter

Honey Roasted Carrot & Sweet Potato Salad (V) | £9 With rose harrisa, buffalo mozzarella and hazelnut dukkah

#### Crispy Potato Skins Classic (V) | £6 Crispy fried potato skins with aioli Buffalo | £7 Crispy fried potato skins, Buffalo sauce, blue cheese and sour cream, crispy onions and chives Loaded | £8 Crispy fried potato skins, cheese sauce, aioli, crispy onions, smoked paprika and bacon bits

**Game Terrine** | £10 Served with red onion chutney and toasted sourdough

Gambas Pil Pil | £12 Grilled king prawns in a garlic and chilli butter, served with crusty bread

Inn Scotch Egg | £7 With mustard mayonnaise

#### MAINS

Game Burger | £17 Game burger with red onion relish in a toasted brioche bun, served with buttermilk slaw and thick-cut chips



Venison & Bacon Cassoulet | £19 Slow cooked venison in red wine with bacon, broad beans and new potatoes

**Traditional Fish & Chips** | £18 Fish fillet in crisp batter served with thickcut chips, chef's tartare sauce, mushy peas and lemon wedge

Scampi & Chips | £16 Whitby scampi served with thick-cut chips, chef's tartare sauce, mushy peas and lemon wedge

> King Prawn, Monkfish & Coconut Curry | £22 With fragrant steamed rice Add Flat Bread | £2

Pie of the Week | £17.50 Please ask our team for today's choice of pie, served with seasonal vegetables and a choice of thick-cut chips or mashed potato

#### The Coniston Inn Burger | £16 6oz chuck burger with smoked cheddar, gem lettuce and tomato, topped with house burger sauce and served in a toasted brioche bun with a side of buttermilk slaw and thick-cut chips

8oz Rump Steak | £27 Served with garlic roasted flat cap mushroom, roasted plum tomato and thick-cut chips

> Add Béarnaise Sauce or Peppercorn Sauce | £4

**Chicken Skewers** | £20 Herb marinated chicken skewers with tzatziki dressing, served with tabbouleh salad, warm flatbread and thick-cut chip **Grilled Pork Chop** | £19 With salsa verde potato wedges, herb dressing and a crisp green salad

> Sweet Potato & Coconut Curry (VG) | £17.50 With fragrant steamed rice Add Flat Bread | £2

Simply Grilled Fillet of Sea Bream | £22 Served with herb butter, crisp green salad and a choice of thick-cut chips or new potatoes

**Pulled Pork Bun** | £18 Barbecued pulled pork shoulder with smoked cheese, served in a brioche bun with thick-cut chips and buttermilk slaw

**Cumberland Sausage** | £17 Served with garlic mashed potato, gravy and onion rings

> **Macaroni Cheese** (V) | £14 With tomato and onion salad

#### **SALADS**

Ploughmans Salad | £17 Hand-carved ham, Scotch egg, cheddar cheese, red onion chutney, apple, celery, pickled onions and toasted sourdough

**Tuna Niçoise Salad** | £20 Pan-seared tuna steak with green beans, soft boiled egg, black olives, cherry tomatoes, anchovies and new potatoes

Chopped Summer Salad (VG) | £14 Salad of tomato, cucumber, sweetcorn, pomegranate seeds, roasted beetroot, chickpeas and radicchio with a mustard vinaigrette Add Chicken | £5.50 Add Prawns | £7.50

### SIDES

**Onion Rings**  $(\vee) \mid$ £4

Seasonal Salad (VG) | £4

Mashed Potato (V) |  $\pounds 4$ 

**Thick-Cut Chips**  $(\vee) |$ 

Buttered Seasonal Vegetables (V) |  $\pounds 4$ 

### DESSERTS

**The Coniston Inn Summer Trifle** | £8 Layers of sponge, summer berries, custard and chantilly cream, topped with hundreds and thousands

Sticky Toffee Pudding (V) | £7.50 With salted caramel sauce and vanilla ice cream

Cheese Plate | £12 Selection of cheeses served with biscuits, fruits and homemade chutney

> Luxury Lakes Ice Cream & Sorbet Selection (V) | £6 Ask a member of our team for today's selection

White Chocolate & Raspberry Cheesecake (V) | £8.50 With chantilly cream and raspberry sauce

Warm Chocolate Brownie (V) | £8 With caramel sauce and vanilla ice cream

Almond Milk Panna Cotta (VG) | £6.50 With pineapple and passionfruit

> (V) Vegetarian (VG) Vegan Chef Recommendation

#### **LIGHT BITES**

Served 11am - 5pm, 7 days per week

Roasted Vegetable & Broad Bean Hummus Sandwich (VG) | £11 On toasted bloomer, served with thick-cut chips

Crispy Fish Bun | £12.50 Fish fillet in crispy batter with spicy mayonnaise and Asian slaw, served in a brioche bun with thick-cut chips

Hot Smoked Salmon Crumpet | £12.50 Toasted buttered crumpet topped with smoked salmon, crushed peas and mint, crème fraîche and a poached egg

**Roast Meat Sandwich of the Day** | £13.50 Ask a member of the team for today's choice of meat, served with thick-cut chips and gravy

Tuna & Avocado Bun | £9 Tuna with capers, shallots, celery, fresh avocado, dill and sriracha mayonnaise, served in a sourdough bun with thick-cut chips

**Toasted New York Deli Sandwich** | £15 Pastrami, American style mustard, mayonnaise, sauerkraut and Swiss style cheese in sliced toasted sourdough, served with thick-cut chips

Chicken & Buffalo Mozzarella Sandwich | £11.50 Chicken marinated in homemade pesto with mozzarella, tomato and rocket, served in a sourdough bun with thick-cut chips

Cumberland Sausage Bun | £11 With grilled onions, smoked cheese, mustard and thick-cut chips

Chopped Summer Salad (VG) | £11 Salad of tomato, cucumber, sweetcorn, pomegranate seeds, roasted beetroot, chickpeas and radicchio with a mustard vinaigrette Add Chicken | £5.50 Add Prawns | 7.50

## **SUNDAY MENU**

Served 12pm - 5pm, every Sunday (subject to availability)

**Roast Topside of Beef** | £18 Slow-roasted beef topside served with roasted potatoes, seasonal vegetables, Yorkshire pudding and rich gravy

**Roast Turkey** | £17 Served with sausage meat stuffing, roasted potatoes, seasonal vegetables, Yorkshire pudding and rich gravy



**Roast Pork Loin** | £17 Served with roasted potatoes, seasonal vegetables, Yorkshire pudding and rich gravy

Roast Vegetable **Gratin** (V) | £16.50 Served with roasted potatoes, seasonal vegetables, Yorkshire pudding and rich vegetarian gravy

Children's portions are available



**Grilled Chicken Goujons** | £8 Served with thick-cut chips, buttered corn on the cob and broccoli

Meatballs | £7.50 Meatballs in a tomato sauce and linguine pasta

> Tomato Linguine Pasta (V) | £7 Linguine in a fresh tomato sauce

Sausage & Mash | £8 Served with garden peas and gravy

Sticky Toffee Pudding  $(\vee) \mid \pounds 4$ Served with caramel sauce, vanilla ice cream

**Candy Floss Sundae** | £4 Candy floss ice cream, raspberry sauce, marshmallows



Scan here for all allergy and dietary information, or speak to a member of our team All our food is cooked to order which may result

n a longer than average waiting time during busy periods, thank you for your patience



Please ask our team for today's choice of specials We hope you enjoy your meal Please note, specials may not be available during peak seasons

# **CHILDREN'S MENU**

# **STARTERS**

Crispy Potato Skins (V) | £3 With aioli

### MAINS

Fish & Chips | £8 With tartare sauce and mushy peas

Burger & Chips | £8 4oz beef patty in a brioche bun, served with thick-cut chips

### DESSERTS

Luxury Lakes Ice Cream & Sorbet Selection  $(\vee) \mid \pounds 4$ Ask a member of our team for todays selection

Terms & Conditions: Menu descriptions may not list full dish contents. All weights shown on the menu are raw weight, the final cooked weight may vary due to cooking time or process. Adults need around 2,000 kcals per day. Due to using fresh game produce on our menus please note that some dishes may contain traces of bone or shot. All menu items are subject to availability. Prices include VAT at the current rate. Visa and MasterCard are accepted and Maestro/Delta/Amex where applicable, together with personal cheques when accompanied by an appropriate banker's card. All products may contain nuts or nut derivatives. Please note that all of our meat and fish products may contain bones. If you have any queries or comments please do not hesitate to contact us at: The Coniston Inn, Hawkshead Rd, Coniston, LA21 8AJ. Tel: 01539 963 347. Email: info@theconistoninn.com