



THE
MIDLAND

BREAKFAST
MENU



BREAKFAST

Monday to Friday 7.30am – 10.00am / Saturday, Sunday & Bank Holidays 8.00am – 10.30am

All breakfasts include a selection of white or wholemeal toasted bread and your choice of freshly brewed cafetiere coffee, or a selection of traditional and fruit teas

TO BEGIN

CEREALS

Cornflakes
All Bran
Alpen n
Weetabix
Rice Krispies
Fruit & Fibre n
Gluten Free Muesli gf
Gluten Free Cornflakes gf
Porridge gf with choice of syrup, whisky or salt

FRUIT & YOGHURT

Fresh Fruit Salad
Vanilla Yoghurt
Individual Fruit Yoghurt

PASTRIES & CEREAL BAR

Butter Croissant
Danish Pastry
Midland Granola Bar

FRUIT JUICES & COLD BEVERAGES

Orange Juice, Cloudy Apple Juice, Still or Sparkling Water

TO FOLLOW

The Midland Full Breakfast

Cumberland sausage, grilled back bacon, grilled tomatoes, Bury black pudding, baked beans, hash brown, flat cap mushroom and your choice of fried, poached, or scrambled free range egg

Gluten Free Cooked Breakfast gf

Cumberland sausages, grilled back bacon, grilled tomato, baked beans, flat cap mushroom and your choice of fried, poached, or scrambled free range egg

Vegetarian Cooked Breakfast v

vegan sausage, grilled tomato, baked beans, fried bread, flat cap mushroom and your choice of fried, poached, or scrambled free range egg

Vegan Cooked Breakfast gf*, ve

vegan sausage, grilled tomato, baked beans, fried bread, flat cap mushroom

Breakfast Brioche gf*

a toasted brioche roll served with your choice of back bacon and fried egg or flat cap mushroom, tomato and fried egg gf*, v

Duck Egg Benedict

toasted muffin with honey roast ham topped with a poached duck egg and hollandaise sauce

Duck Egg Royal

toasted muffin with "Port of Lancaster" smoked salmon topped with a poached duck egg and hollandaise sauce

Duck Egg Mushroom Benedict v

toasted muffin with flat cap mushroom topped with a poached duck egg and hollandaise sauce

"Port of Lancaster" Grilled Manx Kipper gf

a wedge of lemon

Port of Lancaster Smoked Salmon gf

with scrambled egg

Avocado Smash gf*, v

smashed avocado on toasted sourdough, poached eggs and chilli flakes

Prices are inclusive of VAT charged at the current rate. Allergens and Dietary Requirements: It is the responsibility of the diner to inform or ask any team member on special dietary requirements or allergen information. Allergen information is available for all our dishes, however, due to preparation or cooking method, it is not possible to guarantee total segregation of any allergens.

(n) - contains nuts (v) - vegetarian (gf) - gluten free (gf*) - gluten free adaptable (ve) - vegan (df) - dairy free