

THE SEABURN INN

PROUDLY PART OF THE INN COLLECTION GROUP

STARTERS

Soup of the Day

Homemade soup with bloomer bread and butter (v) — 6.50

Tiger Prawn Taco

Soft shell tacos with pico de gallo and chilli oil (356 kcal) — 10.00

Loaded Potato Skins

Potato skins, topped with mozzarella cheese, spring onions, soured cream and fresh chillies (v) (704 kcal) — 7.00

Smoked Haddock Chowder

Smoked haddock, smoked bacon, potatoes and vegetables cooked in a rich cream sauce served with bloomer bread and butter for dipping (594 kcal) — 9.00

Also available as a main course (1,390 kcal) — 17.00

Venison Scotch Egg

Served with onion chutney (652 kcal) — 9.00

Blue Cheese Fritter

Served with capers and herbs (v) (578 kcal) — 8.00

MAINS

Traditional Fish & Chips

Fish fillet in a crispy batter with thick-cut chips, chef's tartare sauce, mushy peas and a lemon wedge (1,549 kcal) — 16.50

Scampi & Chips

Whitby scampi served with thick-cut chips, chef's tartare sauce, mushy peas and a lemon wedge (1,548 kcal) — 16.00

Homemade Pie of the Week

Please ask our team for today's choice of pie. Served with mashed potato and seasonal vegetables — 16.50

The Seaburn Inn Burger

8oz Angus burger served in a toasted brioche bun with smoked Cheddar, gem lettuce, tomato and pickles, topped with our ICG burger sauce, served with thick-cut chips (1,390 kcal) — 16.50

Sausage & Mash

Prime sausage, served with creamy mashed potato, seasonal vegetables and red onion gravy (1,379 kcal) — 14.00

8oz Bistro Rump Steak

Cooked to your liking and served with garlic-roasted flat cap mushroom, roasted plum tomato, homemade onion rings and thick-cut chips (1,113 kcal) — 21.50

Add Peppercorn Sauce (300 kcal), Diane Sauce (510 kcal) or Garlic Butter (586 kcal) — 4.00

Katsu Chicken Burger

Panko-crumbed chicken and coconut katsu curry sauce in a brioche bun, served with gem lettuce, pickles, Asian Slaw and thick-cut chips (1,092 kcal) — 16.00

Smokey Tofu & Sweet Potato Burger

Sweet potato, smoked tofu, shallot & cashew nut patty in a brioche bun, served with thick-cut chips (v) (979 kcal) — 15.00

Venison Medallions

Served with celeriac mashed potato, fine beans, buttered kale and redcurrant jus (859 kcal) — 18.00

Gammon Steak

Served with double hen's egg, pea fricassee and thick-cut chips (1,114 kcal) — 15.50

Chicken Tikka Masala

Succulent chicken marinated in authentic spices and cooked in a traditional Masala sauce. Served with pilau rice and a garlic & coriander flatbread (1,235 kcal) — 15.50

Add poppadom and pickle tray (189 kcal) — 4.00

Wild Mushroom Tagliatelle

With roasted garlic cream and Parmesan crisp (v) (1,107 kcal) — 15.00

Braised Shin of Beef

Slow cooked beef shin, with a rich beef gravy, seasonal vegetables and crispy onions (1,277 kcal) — 21.00

Roasted Peppercorn Chicken

Served with peppercorn sauce, seasonal vegetables and thick-cut chips (1,138 kcal) — 16.00

Surf and Turf

Chargrilled 8oz rump steak, with garlic prawns, served with thick-cut chips, slow-roasted tomato, field mushrooms and watercress (1,029 kcal) — 28.00

PIZZA

Margherita

Cherry tomato and torn crispy basil (807 kcal) — 12.00

Diavolo

Chilli flakes, roasted peppers, jalapeños and tomato (899 kcal) — 12.00

Salsiccia Pepperoni

Pepperoni and roasted peppers (1,206 kcal) — 13.00

Garlic Farmhouse

Roast ham, mushrooms and garlic butter (1,123 kcal) — 12.00

Meat Feast

Bacon, pepperoni, garlic sausage and Milano salami (667 kcal) — 13.00

Garlic Bread

Pizza base with garlic & herb butter (v) (718 kcal) — 5.00

Add mozzarella cheese (193 kcal) — 1.00

SANDWICHES

Served 11.00am - 5.00pm, Monday - Saturday

Roast Sandwich of the Day

Ask a member of team for today's choice of meat. Served with thick-cut chips and a jug of gravy — 12.50

Prawn Marie Rose

Served with cucumber and gem lettuce and our house salad (332 kcal) — 12.50

Home-Cooked Ham

Served with gem lettuce and coleslaw (372 kcal) — 9.00

Coronation Chicken

Curried chicken with flaked almonds and raisins (474 kcal) — 9.00

Chicken Gyros

Marinated chicken wrap with tzatziki (464 kcal) — 9.00

Roasted Vegetable Garlic Flatbread

Roasted Mediterranean vegetables, served on garlic flatbread (v) (370 kcal) — 8.00

Golden Chicken Melt

Crispy fried chicken, smoked cheddar and barbecue sauce (847 kcal) — 11.00

SIDES

Thick-Cut Chips (vG) (344 kcal) — 3.50

Onion Rings (vG) (251 kcal) — 4.00

Seasonal Vegetables (v) (214 kcal) — 4.00

House Salad (vG) (129 kcal) — 4.00

Mashed Potato (v) (266 kcal) — 4.00

Buttered Potatoes (v) (350 kcal) — 4.00

Asian Slaw (vG) (58 kcal) — 3.00

DESSERTS

Please ask your server for today's selection of homemade desserts



Scan here for all allergy and dietary information, or speak to a member of our team

All our food is cooked to order which may result in a longer than average waiting time during busy periods, thank you for your patience

Terms & Conditions: Menu descriptions may not list full dish contents. All weights shown on the menu are raw weight, the final cooked weight may vary due to cooking time or process. Adults need around 2000 kJ per day. Due to using fresh game produce on our menus please note that some dishes may contain traces of bone or shot. All menu items are subject to availability. Prices include VAT at the current rate. Visa and MasterCard are accepted and Maestro/Delta/Amex where applicable, together with personal cheques when accompanied by an appropriate banker's card. All products may contain nuts or nut derivatives. Please note that all of our meat and fish products may contain bones. If you have any queries or comments please do not hesitate to contact us at: The Seaburn Inn, Whitburn Road, Seaburn, Sunderland, SR6 8AA. Tel: 0191 580 3610. Email: info@theseaburninn.com



THE SEABURN INN

Please order your food at the bar, quoting your table number when ordering. Please ask our team for today's choice of specials.

We hope you enjoy your meal.

Please note, specials may not be available during peak seasons

CHILDREN'S MENU

Children's Platter

A children's picky tray with vegetable sticks, ham, couscous, cheese and bread and butter (548 kcal) — 7.00

Fish & Chips

Served with thick-cut chips and peas (460 kcal) — 8.50

Roast Dinner

Please ask our team for today's choice of roast — 9.00

Paprika-Coated Chicken Fajita

Served with tomato salsa (783 kcal) — 8.00

Cherry Tomato & Basil Rigatoni Pasta

Served with garlic toasted sourdough (v) (587 kcal) — 7.00

DESSERTS

Sticky Toffee Pudding

With ice cream and toffee sauce (385 kcal) — 3.00

Knickerbocker Glory

Vanilla and strawberry ice cream with strawberry sauce and fresh berries, topped with whipped cream (279 kcal) — 3.00

Fruit & Sorbet Platter

A selection of fresh fruit and fruity sorbets (240 kcal) — 5.00

SUNDAY LUNCH

Served 12 noon - 4.00pm, every Sunday (subject to availability)

Roast Beef Topside — 15.00

Roast Pork Loin with Crackling — 15.00

Roast Turkey with Sausage Meat Stuffing — 15.00

Squash & Potato Nut Roast (v) — 14.00

All served with roasted potatoes, seasonal vegetables, Yorkshire pudding and rich (or vegetarian) gravy