

THE CONISTON INN

PROUDLY PART OF THE INN COLLECTION GROUP

STARTERS

Soup of the Day

Homemade soup with bloomer bread and butter (v) — 6.50

Goat's Cheese Roulade

Served with black onion seeds, fig and red onion marmalade (v)
(426 kcal) — 9.00

Loaded Potato Skins

Potato skins, topped with mozzarella cheese, spring onions,
soured cream and fresh chillies (v) (569 kcal) — 7.00

Smoked Haddock Chowder

Smoked haddock, smoked bacon, potatoes and vegetables
cooked in a rich cream sauce served with bloomer bread
and butter for dipping (594 kcal) — 9.00

Roasted Tandoori Cauliflower

Served with stretched flatbread and lime mayonnaise (v)
(830 kcal) — 9.00

Smoked Mackerel Pâté

Served with chicory, herb oil and lemon crostini
(726 kcal) — 9.50

MAINS

Traditional Fish & Chips

Fish fillet in a crispy batter with thick-cut chips, chef's tartare
sauce, mushy peas and a lemon wedge (1,549 kcal) — 17.50

Scampi & Chips

Whitby scampi served with thick-cut chips, chef's tartare sauce,
mushy peas and a lemon wedge (1,548 kcal) — 16.50

Homemade Pie of the Week

Please ask our team for today's choice of pie. Served with mashed
potato and seasonal vegetables — 17.00

The Coniston Inn Burger

8oz Angus burger served in a toasted brioche bun with smoked
Cheddar, gem lettuce, tomato and pickles, topped with our ICG
burger sauce, served with thick-cut chips (1,390 kcal) — 16.50

Sausage & Mash

Prime sausage, served with creamy mashed potato, seasonal
vegetables and red onion gravy (1,379 kcal) — 14.00

8oz Bistro Rump Steak

Cooked to your liking and served with garlic-roasted flat cap
mushroom, roasted plum tomato, homemade onion rings and
thick-cut chips (1,113 kcal) — 24.00

*Add Peppercorn Sauce (300kcal), Diane Sauce (510kcal) or
Garlic Butter (586kcal) — 4.00*

Katsu Chicken Burger

Panko-crumbed chicken and coconut katsu curry sauce in a
brioche bun, served with gem lettuce, pickles, Asian Slaw and
thick-cut chips (1,092 kcal) — 16.00

Pan-Roasted Pheasant

Served with garlic & thyme roasted new potato, carrot &
celeriac purée and a rich pan jus (1,345 kcal) — 18.00

Smoked Haddock Chowder

Smoked haddock, smoked bacon, potatoes and vegetables
cooked in a rich creamy sauce served with bloomer bread and
butter for dipping (1,390 kcal) — 17.00

Gammon Steak

Served with double hen's egg, pea fricassee and thick-cut chips
(1,114 kcal) — 15.50

Chicken Tikka Masala

Succulent chicken marinated in authentic spices and cooked in
a traditional Masala sauce. Served with pilau rice and a garlic
& coriander flatbread (1,235 kcal) — 15.50

Add poppadom and pickle tray (189kcal) — 4.00

Smoked Haddock Risotto

Served with a poached egg and fresh Parmesan
(1,104 kcal) — 16.50

Baked Chicken Parmigiana

Served in a pomodoro sauce, buffalo mozzarella and fresh
Parmesan (684 kcal) — 15.00

Pinto Bean & Squash Stew

Served with spiced pinto beans, butternut squash, potato, peas,
tomato ragu and sourdough bread (vG) (399 kcal) — 14.00

SIDES

Thick-Cut Chips (vG) (344kcal) — 3.50

Onion Rings (vG) (251kcal) — 4.00

Seasonal Vegetables (v) (214kcal) — 4.00

House Salad (vG) (129kcal) — 4.00

Mashed Potato (v) (266kcal) — 4.00

Buttered Potatoes (v) (350kcal) — 4.00

Asian Slaw (vG) (58kcal) — 3.00

SANDWICHES

Served 11.00am - 5.00pm, Monday - Saturday

Roast Meat Sandwich of the Day

Ask a member of team for today's choice of meat. Served with thick-cut chips and a jug of gravy — 12.00

Bacon, Brie & Cranberry

Crispy bacon, melted brie and cranberry sauce, served with thick-cut chips (969 kcal) — 11.00

Cod Goujon

Served with tartare sauce, mushy peas and thick-cut chips (937 kcal) — 11.50

Smoked Salmon & Cream Cheese Bagel

Served with thick-cut chips and salad garnish (475 kcal) — 12.50

Welsh Rarebit

Served on toasted sourdough with a tomato & red onion salad and thick-cut chips (v) (632 kcal) — 6.50

Egg & Watercress Open Sandwich

Served on toasted sourdough, with thick-cut chips (v) (730 kcal) — 7.50

DESSERTS

Mulled Winter Fruits

With gingerbread and cinnamon ice cream (271 kcal) — 8.00

Jam Roly-Poly

Served with vanilla custard (714 kcal) — 7.50

Sticky Toffee Pudding

With toffee sauce and vanilla ice cream (920 kcal) — 7.50

Dark Chocolate Tartlets

With crème patisserie and blackberries (725 kcal) — 7.50

Cheese Board

A selection of cheese, served with biscuits, homemade chutneys and fresh fruits (654 kcal) — 10.00

Ice Cream & Sorbet Selection

Ask a member of our team for today's selection
Two scoops — 4.00 Three Scoops — 5.00



Scan here for all allergy and dietary information, or speak to a member of our team

All our food is cooked to order which may result in a longer than average waiting time during busy periods, thank you for your patience

Terms & Conditions: Menu descriptions may not list full dish contents. All weights shown on the menu are raw weight, the final cooked weight may vary due to cooking time or process. Adults need around 2,000 kJ per day. Due to using fresh game produce on our menus please note that some dishes may contain traces of bone or shot. All menu items are subject to availability. Prices include VAT at the current rate. Visa and MasterCard are accepted and Maestro/Delta/Amex where applicable, together with personal cheques when accompanied by an appropriate banker's card. All products may contain nuts or nut derivatives. Please note that all of our meat and fish products may contain bones. If you have any queries or comments please do not hesitate to contact us at: The Coniston Inn, Hawkhead Road, Coniston, Cumbria, LA21 8AJ. Tel: 015394 41244. Email: info@theconistoninn.co.uk



THE CONISTON INN

Please order your food at the bar, quoting your table number when ordering. Please ask our team for today's choice of specials.

We hope you enjoy your meal.

Please note, specials may not be available during peak seasons

CHILDREN'S MENU

Children's Platter

A children's picky tray with vegetable sticks, ham, couscous, cheese and bread and butter (548 kcal) — 7.00

Fish & Chips

Served with thick-cut chips and peas (460 kcal) — 8.50

Roast Dinner

Please ask our team for today's choice of roast — 9.00

Paprika-Coated Chicken Fajita

Served with tomato salsa (783 kcal) — 8.00

Cherry Tomato & Basil Rigatoni Pasta

Served with garlic toasted sourdough (v) (587 kcal) — 7.00

DESSERTS

Sticky Toffee Pudding

With ice cream and toffee sauce (385 kcal) — 3.00

Knickerbocker Glory

Vanilla and strawberry ice cream with strawberry sauce and fresh berries, topped with whipped cream (279 kcal) — 3.00

Fruit & Sorbet Platter

A selection of fresh fruit and fruity sorbets (240 kcal) — 5.00

SUNDAY LUNCH

Served 12 noon - 4.00pm, every Sunday (subject to availability)

Roast Beef Topside — 16.00

Roast Pork Loin with Crackling — 16.00

Roast Turkey with Sausage Meat Stuffing — 16.00

Squash & Potato Nut Roast (v) — 14.00

All served with roasted potatoes, seasonal vegetables, Yorkshire pudding and rich (or vegetarian) gravy