

THE SEATON LANE INN

PROUDLY PART OF THE INN COLLECTION GROUP

STARTERS

Soup of the Day

Homemade soup served with rustic bread — 6.00

Salmon & Cod Fishcake

A blend of mashed potato, cod, flaked salmon and fresh herbs, with shaved fennel and a garlic & dill cream (1011kcal) — 7.00

Mini Baked Camembert

Served with toasted ciabatta and tomato & onion relish (592kcal) — 12.00

Garlic Wild Mushrooms

Mushrooms sautéed in garlic butter in a creamy herb sauce, served on toasted ciabatta (345kcal) — 8.50

Crispy Buffalo Chicken Wings

Tender chicken wings tossed in Buffalo hot sauce and served with ranch dressing (757kcal) — 7.00

Loaded Potato Skins

Crispy potato skins loaded with melted mozzarella cheese, spring onions, red chillies and sour cream (704kcal) — 7.00

Garlic & Chilli King Prawns

With a wedge of ciabatta and dressed rocket (462kcal) — 9.50

Mixed Bean Dip

Spiced slow-cooked kidney & borlotti beans served with tortilla crisps (752kcal) — 6.00

THE GRILL

8oz Bistro Rump Steak

With a traditional garnish of homemade chips, onion rings, flat cap mushrooms and a grilled tomato (1616kcal) — 22.00

Peppercorn, Béarnaise or Garlie Cream Sauce — 4.00

Gammon Steak

With chargrilled pineapple, onion rings, grilled tomato and homemade chips (1573kcal) — 15.00

Chargrilled Chicken Breast

With homemade chips, onion rings, flat cap mushrooms and a grilled tomato (1594kcal) — 14.00

MAINS

Traditional Fish & Chips

Battered fillet of fish served with chips, mushy peas and homemade tartare sauce (1067kcal) — 15.00

Crispy Chilli Beef Salad Bowl

Deep-fried rump strips with mixed salad, sweet chilli sauce, spring onion and chopped chilli (772kcal) — 15.00

Whitby Scampi

Deep-fried breaded whotail Scampi served with chips, garden peas and homemade tartare sauce (969kcal) — 15.00

Steak & Ale Suet Pudding

Prime diced steak slow-cooked in local ale with onions, tomatoes and mushrooms, encased in a soft suet pastry, served with peas, chips and gravy (1531kcal) — 15.00

We're famous for / The Seaton Lane Inn Fish Pie

A medley of fresh fish poached in a rich creamy sauce, topped with smooth mashed potato and served with garden peas (1067kcal) — 14.00

The Seaton Lane Inn Burger

8oz beef burger topped with streaky bacon and smoked cheese in a brioche bun with tangy tomato relish, cos lettuce and tomato, served with chips and coleslaw (1731kcal) — 15.50

Cajun Chicken Burger

Chicken breast marinated in a smoky Cajun seasoning, with chipotle mayonnaise, smoked cheese and lettuce in a brioche bun, served with chips and coleslaw (1477kcal) — 14.50

Chicken & Bacon Caesar Salad

A classic chicken salad with bacon tossed in a rich creamy Caesar dressing and topped with crunchy croutons and Parmesan shavings (989kcal) — 13.50

Thai Red Chicken Curry

Served with basmati rice and kachumber (1096kcal) — 16.00

Wild Mushroom Linguine

Sautéed mushrooms tossed through linguine in a rich garlic & herb cream, topped with grated Parmesan (1149kcal) — 14.50

Chicken & Bacon Linguine

Succulent chicken strips and diced streaky bacon tossed through linguine in a garlic cream, topped with Parmesan cheese (1352kcal) — 15.00

Garlic & Chilli King Prawn Linguine

Jumbo king prawns tossed with fresh garlic and chilli, in a sweet sticky chilli glaze, topped with rocket (775kcal) — 16.00

MEAT FREE

Spicy Bean Casserole

A selection of mixed beans in a tomato sauce with cumin and chilli, served with basmati rice and topped with smoked cheese (645kcal) — 13.00 *(Vegan without the cheese)*

BBQ Chickpea Burger

In a toasted brioche bun with tomato, cos lettuce and ranch dressing, served with chips and grilled corn on the cob (712kcal) — 14.00

SANDWICHES

Served 11.00am – 5.00pm. All sandwiches served in ciabatta

The Seaton Lane Inn Club Sandwich

Chicken breast, smoked streaky bacon, crisp lettuce, tomato and mayo, with salad garnish and a side of chips (893 kcal) — 11.50

Smoked Salmon, Cream Cheese & Cucumber

Served with salad and coleslaw (1094 kcal) — 12.50

Fish Finger Sandwich

With mushy peas, chips and tartare sauce (953 kcal) — 12.00

Hot Roast

Today's roast meat in rich gravy, served with chips and a jug of gravy — 10.00

Chicken & Chipotle

Chicken strips, chipotle mayonnaise, gem lettuce and tomato, served with salad and coleslaw (1143 kcal) — 10.50

Egg & Cress

With salad and coleslaw (1055 kcal) — 9.00

Mediterranean Vegetables & Mozzarella

With coleslaw and salad (829 kcal) — 10.00

Turkey & Bacon

Mayonnaise, jalapeños, salad and coleslaw (1312 kcal) — 10.50

DESSERTS

Homemade Raspberry Brownie

With white chocolate sauce and ice cream (917 kcal) — 8.00

Chef's Cheesecake of the Day

Served with cream or ice cream — 7.00

Eton Mess

A classic rich dessert of raspberry and strawberry mixed through whipped cream and crunchy meringue (443 kcal) — 6.00

Sticky Toffee Pudding Jar

Layered with butterscotch sauce, cream and vanilla ice cream (1579 kcal) — 7.50

Tangy Lemon Tart

Served with mixed berries and ice cream (620 kcal) — 7.00

Very Berry Sundae

Layers of raspberries, vanilla and strawberry ice cream, topped with whipped cream (532 kcal) — 8.50

Double Chocolate Sundae

White and milk chocolate drops, chocolate sauce, chocolate and vanilla ice cream, with whipped cream (852 kcal) — 8.50

Selection of Ice Cream & Sorbets (Ask for our daily flavours)

Regular flavours per scoop: Vanilla (163 kcal), Chocolate (192 kcal), Strawberry (183 kcal), Orange Sorbet (113 kcal), Lemon Sorbet (116)
Two scoops — 4.00 Three Scoops — 5.00



Scan here for all allergy and dietary information, or speak to a member of our team

All our food is cooked to order which may result in a longer than average waiting time during busy periods, thank you for your patience

Terms & Conditions: Menu descriptions may not list full dish contents. All weights shown on the menu are raw weight, the final cooked weight may vary due to cooking time or process. Adults need around 2000 kJ per day. Due to using fresh game produce on our menus please note that some dishes may contain traces of bone or shot. All menu items are subject to availability. Prices include VAT at the current rate. Visa and MasterCard are accepted and Maestro/Delta/Amex where applicable, together with personal cheques when accompanied by an appropriate banker's card. All products may contain nuts or nut derivatives. Please note that all of our meat and fish products may contain bones. If you have any queries or comments please do not hesitate to contact us at: The Seaton Lane Inn, Seaton Lane, Seaton, Co. Durham, SR7 0LP. Tel: 01915812038. Email: info@seatonlaneinn.co.uk



THE SEATON LANE INN

Please order your food at the bar, quoting your table number when ordering. Please ask our team for today's choice of specials.

We hope you enjoy your meal.

Please note, specials may not be available during peak seasons

CHILDREN'S MENU

Mains — 7.00 / Desserts — 3.00

MAINS

Chargrilled Paprika Chicken Fajitas

With a tomato salsa (462 kcal)

Cumberland Sausage

With mash or chips, peas and gravy (745 kcal)

Chicken & Bacon Linguine

With a creamy sauce (676 kcal)

Cheese & Tomato Pizza

Served with chips and salad (853 kcal)

Mini Fish & Chips

Served with peas (790 kcal)

Kids' Super Food Pasta

A medley of broccoli, cherry tomatoes and spinach in a rich tomato ragù (675 kcal)

DESSERTS

Sticky Toffee Pudding

With toffee sauce (385 kcal)

Ice Cream (107 kcal)

SIDES

Chips (254 kcal) — 4.00 Baby Potatoes (218 kcal) — 4.00

Homemade Coleslaw (644 kcal) — 4.00

Onion Rings (650 kcal) — 4.00 Garlic Ciabatta (269 kcal) — 4.00

Side Salad (116 kcal) — 4.00

Garlic Cheese Ciabatta (476 kcal) — 6.00

Peppercorn Sauce (524 kcal) — 4.00

Garlic Cream Sauce (518 kcal) — 4.00

Hollandaise (416 kcal) — 4.00 Béarnaise Sauce (406 kcal) — 4.00

Grilled Corn on the Cob (75 kcal) — 4.00

SUNDAYS

Served 12 noon – 5.00pm, every Sunday (subject to availability)

Roast Beef, Roast Turkey or Roast Pork

Served with Yorkshire pudding, roasties and seasonal vegetables

Adult — 14.00 Child — 9.00

Please ask a team member for today's vegetarian option