

THE PHEASANT INN

PROUDLY PART OF THE INN COLLECTION GROUP

STARTERS & SNACKS

Homemade Crisps (v) (257 kcal) — 4.00

Twice Baked Cheddar Cheese Soufflé

With a leek velouté and Cheddar crisp (v) (874 kcal) — 9.00

Bread, Hummus & Olives

To share (vg) (646 kcal) — 9.00

Soup of the Day

Please ask for today's choice — 7.50

Gin-Cured Salmon

With a crab bonbon, lemon mayonnaise and pickled cucumber (217 kcal) — 10.00

Loaded Potato Skins

Crispy potato skins loaded with melted mozzarella cheese, spring onions, red chillies and sour cream (704 kcal) — 7.00

Gazpacho Soup

With dehydrated olive, basil and ciabatta croûte (302 kcal) — 8.00

Parma Ham, Sun-Blushed Tomato & Mozzarella Flatbread

With rocket leaf and olive dressing (605 kcal) — 10.00

VEGAN

Miso Noodle Soup

Miso, mushroom, seaweed and vegetable broth with rice noodles (840 kcal) — 15.50

Bean Chilli & Beetroot Burger

Served in a ciabatta roll with tomato and lettuce, triple-cooked chips and tomato salsa (1837 kcal) — 15.00

SIDES

Mixed House Salad (57 kcal) — 4.00

Triple-Cooked Chips (505 kcal) — 4.00

Sautéed Greens (182 kcal) — 4.00

Chilli Salt Chips (505 kcal) — 4.00

Garlic Bread (398 kcal) — 4.00

Garlic Bread with Cheese (439 kcal) — 6.00

Peppercorn Sauce (204 kcal) — 4.00

Blue Cheese Sauce (332 kcal) — 4.00

MAINS

Roasted Spring Chicken Breast

With chorizo potato pave, charred tenderstem broccoli and a Dijon jus (1457 kcal) — 17.00

Crispy Chilli Beef Salad Bowl

Deep-fried rump strips with mixed salad, sweet chilli sauce, spring onion and chopped chilli (772 kcal) — 15.00

Traditional Fish & Chips

Real ale beer-battered fish fillet with butter crushed peas, triple-cooked chips and tartare sauce (1067 kcal) — 16.00

Wholetail Breaded Scampi

Served with triple-cooked chips, butter crushed peas and tartare sauce (969 kcal) — 16.00

Spaghetti Alle Vongole

Steamed clams, olive oil, fresh herbs, garlic, tomato and chilli, with freshly grated Parmesan and garlic bread (1013 kcal) — 17.00

We're famous for / **Steak & Kidney Pudding**

Steamed steak & kidney pudding served with spring greens, white truffle mash and red wine jus (819 kcal) — 17.50

Steamed Fillet of Seabass

Served with rice noodles, coconut & curry broth, bean sprouts, chilli and lime (242 kcal) — 21.00

Falafel & Halloumi Salad

With herb couscous and tomato & herb dressing (v) (420 kcal) — 15.00

Seafood Salad

Smoked salmon, prawns and crab bonbon, dressed with Marie Rose sauce (317 kcal) — 19.00

THE GRILL

8oz Bistro Rump Steak

Cooked to your liking and served with roasted mushroom, confit tomato, onion rings, triple-cooked chips and watercress (1599 kcal) — 29.50

Add Peppercorn or Blue Cheese Sauce – 4.00

Marinated Jerk Pork Chop

Served with triple-cooked chips, pineapple & mango salsa and sweet & spicy jerk sauce (817 kcal) — 17.00

The Pheasant Inn Beef Burger

With Monterey Jack cheese, pickles and smoked mayo in a brioche bun, served with triple-cooked chips (1957 kcal) — 16.50

BAKERY & SANDWICHES

Available Monday–Saturday, 11.30am–5.00pm. All sandwiches are served with salad garnish and homemade crisps

Homemade Scone

With clotted cream and jam (769 kcal) — 5.00

Homemade Cake

Please ask your server for today's selection — 4.00

Jerk Chicken Flatbread

With baby gem and lime mayonnaise (854 kcal) — 13.00

Pink Beef Baguette

With caramelised onion and watercress (671 kcal) — 8.00

Prawn Marie Rose

With cucumber and baby gem on wholemeal bread (558 kcal) — 11.00

Bacon & Cheese Melt

Gruyère cheese, bacon and watercress on wholemeal bread (655 kcal) — 8.50

Tomato, Avocado & Red Onion

With mature Cheddar on multigrain bread with a dill dressing (v) (367 kcal) — 8.00

DESSERTS

Dark Chocolate Mousse

With boozy cherries and honeycomb (722 kcal) — 7.50

Lemon Mousse

Fresh raspberries, meringue and mint (953 kcal) — 7.00

Raspberry & White Chocolate Cheesecake

With raspberry compôte and a chocolate shard (565 kcal) — 7.00

Sticky Toffee Pudding Jar

Layered with butterscotch sauce, cream and vanilla ice cream (1579 kcal) — 8.00

Rhubarb & Strawberry Crumble

Strawberry ice cream and a rhubarb crisp (723 kcal) — 7.00

Cheese Board

Selection of cheeses with chutney, oatcakes, grapes and celery (966 kcal) — 12.00

Selection of Ice Cream & Sorbets

(Ask for our daily flavours)

Regular flavours per scoop: Vanilla (163 kcal), Chocolate (192 kcal), Strawberry (183 kcal), Orange Sorbet (113 kcal), Lemon Sorbet (116)

Two scoops — 4.00 Three Scoops — 5.00



Scan here for all allergy and dietary information, or speak to a member of our team

All our food is cooked to order which may result in a longer than average waiting time during busy periods, thank you for your patience

Terms & Conditions: Menu descriptions may not list full dish contents. All weights shown on the menu are raw weight, the final cooked weight may vary due to cooking time or process. Adults need around 2000 kcs per day. Due to using fresh game produce on our menus please note that some dishes may contain traces of bone or shot. All menu items are subject to availability. Prices include VAT at the current rate. Visa and MasterCard are accepted and Maestro/Delta/Amex where applicable, together with personal cheques when accompanied by an appropriate banker's card. All products may contain nuts or nut derivatives. Please note that all of our meat and fish products may contain bones. If you have any queries or comments please do not hesitate to contact us at: The Pheasant Inn, Bassenthwaite Lake, Cockermouth, Cumbria, CA13 9YE. Tel: 01768 776234. Email: reception@the-pheasant.co.uk



THE PHEASANT INN

BASSENTHWAITE

Please order your food at the bar, quoting your table number when ordering

Please ask our team for today's choice of specials.

We hope you enjoy your meal.

Please note, specials may not be available during peak seasons

CHILDREN'S MENU

Mains — 7.00 / Desserts — 3.00

MAINS

Chargrilled Paprika Chicken Fajitas

With a tomato salsa (462 kcal)

Cumberland Sausage

With mash or chips, peas and gravy (745 kcal)

Chicken & Bacon Linguine

With a creamy sauce (676 kcal)

Cheese & Tomato Pizza

Served with chips and salad (853 kcal)

Mini Fish & Chips

Served with peas (790 kcal)

Kids' Super Food Pasta

A medley of broccoli, cherry tomatoes and spinach in a rich tomato ragù (675 kcal)

DESSERTS

Sticky Toffee Pudding

With toffee sauce (385 kcal)

Ice Cream

(107 kcal)

SUNDAYS

Served 12 noon – 3.00pm, every Sunday (subject to availability)

Roast Topside of Beef

Served with a Yorkshire pudding — 19.00

Roast Chicken

With sage & onion stuffing and a chicken jus — 15.50

Roast Pork Loin

With crispy crackling, black pudding and apple jus — 18.00

Lentil & Bean Roast

With balsamic and baby onion gravy — 15.00

Children's Roast

Beef, chicken or pork with a Yorkshire pudding and gravy — 10.00

All served with fresh seasonal vegetables, roast potatoes, creamed potato and cauliflower cheese