

THE CONISTON INN

PROUDLY PART OF THE INN COLLECTION GROUP

STARTERS

Salmon Gravlox

Cured salmon with sweet pickled fennel, dill oil and toasted sourdough (517 kcal) — 10.00

Chargrilled Asparagus

With Hollandaise sauce and a poached egg (169 kcal) — 8.00

Soup of the Day

Served with crusty bread and butter — 6.00

Lamb Kofta

With a yogurt flatbread, rainbow slaw and tzatziki (264 kcal) — 8.00

Elderflower Pressed Melon

With a minted granita and lemon balm (215 kcal) — 7.00

Spicy Whitebait

With watercress, garlic aioli and a dusting of chilli (500 kcal) — 8.50

Loaded Potato Skins

Crispy potato skins loaded with melted mozzarella cheese, spring onions, red chillies and sour cream (704 kcal) — 7.00

Bresaola

Air-dried salted beef with rainbow slaw, cornichons and English mustard dressing (593 kcal) — 10.00

Classic Caesar Salad

Garlic croûte, cos lettuce, Caesar dressing and Parmesan shavings (477 kcal) — 9.00

LUNCH

Available Monday–Saturday until 5pm. All sandwiches served on white or brown sub roll with dressed leaf and coleslaw

Barbecue Chicken

Diced chicken in a rich BBQ sauce topped with cheese and toasted (889 kcal) — 10.00

Cajun Spiced Po'boy

Crispy-coated Cajun cod chunks with tartare sauce, lettuce and pickled cucumber ribbons (1080 kcal) — 13.00

Cheese Savoury

With red pepper, red onion and mayonnaise (1127 kcal) — 10.00

Ploughman's

House-baked ham, mild white Cheddar slices and sweet pickle (891 kcal) — 10.00

Tuna, Onion & Sweetcorn

With mayonnaise (888 kcal) — 10.00

Prawn Marie Rose

With shredded lettuce and diced tomato (672 kcal) — 11.00

Meatball Marinara

Mighty Meaty meatballs in a rich tomato sauce topped with melted cheese and crispy onions (627 kcal) — 11.00

Reuben

Bresaola with smoked cheese, sauerkraut and mustard dressing (1043 kcal) — 14.00

MAINS

Traditional Fish & Chips

Beer-battered fillet of fish, triple-cooked chips, peas, lemon and tartare sauce (1067 kcal) — 16.00

Crispy Chilli Beef Salad Bowl

Deep-fried rump strips with mixed salad, sweet chilli sauce, spring onion and chopped chilli (772 kcal) — 15.00

Cajun Salmon

Cajun-infused pan-fried salmon supreme with fennel gratin, corn and fried bacon with jalapeños (494 kcal) — 19.00

Pesto Zoodles

Pesto-infused courgette noodles with roasted tomato on the vine and Jerusalem artichoke (392 kcal) — 15.00

Calves' Liver

Pan fried calves' liver with a potato hash cake, golden onion & thyme chutney and jus (1189 kcal) — 22.00

8oz Bistro-Cut Rump Steak

Bistro rump steak cooked to your liking, with hasselback potato, garlic mushrooms and a loaded cauliflower bake (777 kcal) — 28.00

Gochujang-Infused Flat Iron Steak

Served with spring onions, wild rice and black onion seeds (1050 kcal) — 24.00

We're famous for / Classic Steak & Ale Pie

Hot water crusted steak pie filled with slow-cooked beef brisket, served with triple-cooked chips, peas and jus (1390 kcal) — 17.00

Rigatoni Arrabbiata

Rigatoni pasta cooked with red chilli, chorizo and roasted tomato pomodoro sauce, served with parsley and garlic bread (1481 kcal) — 15.00

Thai Red Vegetable Curry

Served with wild rice, mango chutney and a natural yogurt flatbread (1219 kcal) — 14.00

The Coniston Inn Smash Burger

2 x 4oz Aberdeen Angus beef patties in a brioche bun with cos lettuce, gherkin, mayonnaise, cheese, served with firecracker corn and triple-cooked chips (1248 kcal) — 16.00

Southern Fried Buttermilk Chicken Burger

Topped with cheese and jalapeño peppers in a brioche bun with sriracha mayonnaise, served with firecracker corn and triple-cooked chips (1229 kcal) — 16.00

Sweet Potato Burger

Asian spiced sweet potato & chickpea burger in a brioche bun with cos lettuce, sriracha mayonnaise and dry slaw, served with firecracker corn and triple-cooked chips (1132 kcal) — 14.00

Classic Caesar Salad

Cos lettuce tossed in Caesar dressing with garlic croutons and anchovies (613 kcal) — 14.00
(Add chicken (271 kcal) — 3.50)

Crespo Salad

Vermicelli noodles with orange segments, carrot, cucumber and a lime, coriander & chilli dressing (979 kcal) — 14.00

DESSERTS

Panna Cotta

Vanilla and rose panna cotta with pistachio toffee
(735 kcal) — 8.00

Chocolate Mousse

Chocolate mousse, basil sponge and dark fruit coulis
(660 kcal) — 7.00

Summer Fruit Pudding

Summer fruit-soaked bread with whipped cream, strawberry and vanilla jam (738 kcal) — 7.00

Sticky Toffee Pudding Jar

Layered with butterscotch sauce, cream and vanilla ice cream (1579 kcal) — 8.00

Cheeseboard

House cheese selection served with crackers, chutney and grapes (652 kcal) — 11.00

Key Lime Pie Cheesecake

With crushed meringue and vanilla ice cream (983 kcal) — 8.00

Carrot Cake

Classic carrot cake with coconut frosting, served with caramel ice cream (951 kcal) — 7.00

Selection of Ice Cream & Sorbets

(Ask for our daily flavours)

Regular flavours per scoop: Vanilla (163 kcal), Chocolate (192 kcal), Strawberry (183 kcal), Orange Sorbet (113 kcal), Lemon Sorbet (116 kcal)
Two scoops — 4.50 Three Scoops — 6.00

SIDES

Beer Battered Onion Rings (348 kcal) — 4.00

Garlic Bread (623 kcal) — 4.00

Garlic Bread with Cheese (949 kcal) — 6.00

Triple-Cooked Chips (383 kcal) — 4.00

Mixed Salad (322 kcal) — 4.00

Coleslaw (782 kcal) — 4.00

Peppercorn Sauce (204 kcal) — 4.00

Diane Sauce (110 kcal) — 4.00

Blue Cheese Sauce (268 kcal) — 4.00



Scan here for all allergy and dietary information, or speak to a member of our team

All our food is cooked to order which may result in a longer than average waiting time during busy periods, thank you for your patience

Terms & Conditions: Menu descriptions may not list full dish contents. All weights shown on the menu are raw weight, the final cooked weight may vary due to cooking time or process. Adults need around 2000 kcs per day. Due to using fresh game produce on our menus please note that some dishes may contain traces of bone or shot. All menu items are subject to availability. Prices include VAT at the current rate. Visa and MasterCard are accepted and Maestro/Delta/Amex where applicable, together with personal cheques when accompanied by an appropriate banker's card. All products may contain nuts or nut derivatives. Please note that all of our meat and fish products may contain bones. If you have any queries or comments please do not hesitate to contact us at: The Coniston Inn, Hawkshead Road, Coniston, Cumbria, LA21 8AJ. Tel: 015394 41244. Email: info@theconistoninn.co.uk



THE CONISTON INN

Please order your food at the bar, quoting your table number when ordering

Please ask our team for today's choice of specials.
We hope you enjoy your meal.

Please note, specials may not be available during peak seasons

CHILDREN'S MENU

Mains — 7.00 / Desserts — 3.00

MAINS

Chargrilled Paprika Chicken Fajitas

With a tomato salsa (462 kcal)

Cumberland Sausage

With mash or chips, peas and gravy (745 kcal)

Chicken & Bacon Linguine

With a creamy sauce (676 kcal)

Cheese & Tomato Pizza

Served with chips and salad (853 kcal)

Mini Fish & Chips

Served with peas (790 kcal)

Kids' Super Food Pasta

A medley of broccoli, cherry tomatoes and spinach in a rich tomato ragù (675 kcal)

DESSERTS

Sticky Toffee Pudding

With toffee sauce (385 kcal)

Ice Cream

(107 kcal)

SUNDAYS

Served 12 noon – 5.00pm, every Sunday (subject to availability)

Roast Beef, Roast Pork or Roast Turkey

Served with a selection of fresh, seasonal vegetables, creamy mash, crispy roasties, a rich gravy and our famous homemade Yorkshire puddings

Large — 14.00 Standard — 12.00 Small — 9.00

Please ask a team member for today's vegetarian option