

# THE ANGEL INN

PROUDLY PART OF THE INN COLLECTION GROUP

## NIBBLES & SNACKS

### Loaded Nachos

Topped with spicy Mexican-style salsa, Cheddar cheese, jalapeños, sour cream and guacamole (v) (984 kcal) — 10.00  
*(Vegan option available)*

### Dirty Nachos

Topped with Texas-style beef chilli, melted Cheddar cheese, jalapeños, sour cream and guacamole (1009 kcal) — 11.00

### Dirty Fries

Beef chilli topped with Cheddar cheese and jalapeños (432 kcal) — 11.00

### Loaded Fries

Topped with spicy Mexican-style salsa, Cheddar cheese and jalapeños (v) (340 kcal) — 10.00 *(Vegan option available)*

### Citrus & Fennel Olives

Served with balsamic oil and crusty bread (303 kcal) — 4.00

**Tear & Share Garlic Flatbread** (812 kcal) — 6.00

**Tear & Share Garlic Flatbread with Cheese** (1204 kcal) — 6.50

## STARTERS

### Chef's Homemade Soup of the Day

Served with crusty bread and butter — 6.00

### Bourbon Glazed BBQ Baby Back Ribs

Slow-cooked until tender, served with red cabbage and house slaw (473 kcal) — 8.00

### Bloody Mary Prawn & Crayfish Platter

Prawns and crayfish dusted with paprika, served with baby gem lettuce and our special Bloody Mary sauce (153 kcal) — 7.00

### Polenta Dusted Calamari

With an Asian style dipping sauce and charred lime (219 kcal) — 7.00

### Mini Classic Chicken Caesar Salad

Strips of grilled chicken served with baby gem lettuce, anchovies, rustic croutons and Parmesan cheese (420 kcal) — 8.00  
*(Vegetarian option available)*

### Loaded Potato Skins

Crispy potato skins loaded with melted mozzarella cheese, spring onions, red chillies and sour cream (704 kcal) — 7.00

### Pork & Chicken Liver Country Pâté

Chef's rustic homemade pâté served with tomato chutney and toasted bloomer bread (599 kcal) — 7.50

### Homemade Roasted Red Pepper Hummus

Served with rosemary oil and grilled flatbread (675 kcal) — 6.00

### The Angel's Southern Fried Chicken Wings

Marinated in buttermilk and coated in our special seasoned flour, served with a bourbon BBQ dipping sauce (751 kcal) — 8.00

## MAINS

### Traditional Cumberland Sausage Ring

Served with colcannon mash, homemade gravy and seasonal vegetables (1244 kcal) — 16.50

### Crispy Chilli Beef Salad Bowl

Deep-fried rump strips with mixed salad, sweet chilli sauce, spring onion and chopped chilli (772 kcal) — 15.00

### Southern Fried Chicken Burger

Buttermilk chicken coated in our special seasoned flour, served in a brioche bun with gem lettuce, beef tomato, gherkin and sriracha mayo, with red cabbage slaw and skin-on fries (603 kcal) — 17.00

### The Angel's Beef Burger

Double-stacked 4oz patties in a toasted brioche bun with gem lettuce, beef tomato, gherkin, our house burger sauce, Monterey Jack cheese and smoked streaky bacon, with red cabbage slaw and skin-on fries (898 kcal) — 17.00

### The Angel's Vegan Burger

Plant-based patty in a toasted vegan brioche bun with gem lettuce, beef tomato, gherkin, vegan cheese and ketchup, served with salad and skin-on fries (863 kcal) — 16.00

### 8oz Bistro Rump Steak

Cooked to your liking and served with chunky hand-cut chips, grilled tomato, flat-cap mushroom and beer-battered onion rings (926 kcal) — 26.00

*Add Peppercorn, Garlic Butter or Béarnaise Sauce — 4.00*

### Beer-Battered Fish & Chips

Served with homemade chips, mushy peas, tartare sauce and a lemon wedge (1067 kcal) — 17.50

### Breaded Wholetail Whitby Scampi

Served with homemade chips, mushy peas, tartare sauce and a lemon wedge (969 kcal) — 17.00

*We're famous for /* **Bourbon Glazed BBQ Baby Back Ribs**

Served with skin-on fries, Texas-style beans, red cabbage slaw and grilled corn on the cob (942 kcal) — 18.00

### Texas-Style Beef Brisket Chilli

Served with rice, sour cream, guacamole and grilled flatbread (782 kcal) — 16.00

### Homemade Steak, Ale & Mushroom Pie

Served with creamed potato, homemade gravy and roasted root vegetables (1017 kcal) — 17.00

### Macaroni Cheese

Oven-baked with a strong Cheddar cheese sauce and topped with a herb-crumb, served with garlic flatbread and mixed leaves (v) (905 kcal) — 15.00

### Murgh Makhani (Butter Chicken)

Marinated pieces of chicken cooked in a spiced tomato and butter sauce, served with pilau rice, grilled flatbread, mint yogurt and a poppadom (751 kcal) — 17.00

### Moroccan Vegetable & Chickpea Tagine

Slightly spiced Moroccan roasted root vegetables and chickpeas stewed and served with herbed couscous, mint yoghurt and grilled flat bread (v) (1282 kcal) — 16.00 *(Vegan option available)*

### Classic Chicken Caesar Salad

Strips of grilled chicken served with baby gem lettuce, anchovies, rustic croutons and Parmesan cheese (532 kcal) — 16.00

### Parmesan & Herb Coated Chicken Supreme

On a bed of tagliatelle pasta with sun-dried tomatoes and spinach in a white wine sauce (825 kcal) — 16.00

# SANDWICHES

*Served 12 noon – 5.00pm. All served with mixed leaves and red cabbage slaw*

## Hot Roasted Meat of the Day

Served with skin-on fries and a jug of gravy — 10.00

## Cumberland Sausage

Served hot with homemade tomato chutney (710 kcal) — 10.00  
*(Vegetarian option available)*

## BLT

Bacon, lettuce and tomato with mayonnaise (402 kcal) — 9.00

**Ham, Cheese & Tomato** (462 kcal) — 9.00

**Curried Egg Mayonnaise & Coriander** (v) (429 kcal) — 7.00

**Cheddar Cheese & Chutney** (v) (798 kcal) — 8.00  
*(Vegan option available)*

**Prawn & Crayfish** (289 kcal) — 11.00

## Roasted Red Pepper Hummus

With olives and sun-blushed tomatoes (v) (867 kcal) — 7.00  
*(Vegan option available)*

## Ploughman's Platter

Cheddar and Stilton cheese, homemade pork & chicken liver pate, baked ham, tomato chutney, celery, apple, fresh crusty bread & butter, garnished with mixed leaves (1227 kcal) — 16.00

# DESSERTS

## White Chocolate & Raspberry Posset

Smooth posset with berry compôte and shortbread (797 kcal) — 7.00

## Chef's Cheesecake of the Day

Ask your server for today's variety — 7.00

## Warm Double Chocolate Brownie

Homemade brownie with mint chocolate chip ice cream (873 kcal) — 7.00

## Sticky Toffee Pudding Jar

Layered with butterscotch sauce, cream and vanilla gelato (1579 kcal) — 9.00

## Cheese Board

Selection of cheeses, crackers, celery, grapes and chutney (571 kcal) — 10.00

## Selection of Ice Cream & Sorbets

*(Ask for our daily flavours)*

Regular flavours per scoop: Vanilla (163 kcal), Chocolate (192 kcal), Strawberry (183 kcal), Orange Sorbet (113 kcal), Lemon Sorbet (116)  
Two scoops — 4.50



**Scan here for all allergy and dietary information, or speak to a member of our team**

*All our food is cooked to order which may result in a longer than average waiting time during busy periods, thank you for your patience*

Terms & Conditions: Menu descriptions may not list full dish contents. All weights shown on the menu are raw weight, the final cooked weight may vary due to cooking time or process. Adults need around 2000 kcs per day. Due to using fresh game produce on our menus please note that some dishes may contain traces of bone or shot. All menu items are subject to availability. Prices include VAT at the current rate. Visa and MasterCard are accepted and Maestro/Delta/Amex where applicable, together with personal cheques when accompanied by an appropriate banker's card. All products may contain nuts or nut derivatives. Please note that all of our meat and fish products may contain bones. If you have any queries or comments please do not hesitate to contact us at: The Angel Inn, Helm Road, Bowness-on-Windermere, Cumbria, LA23 3BU. Tel: 015394 44080. Email: info@theangelinnbowness.com



# THE ANGEL INN

BOWNESS

**Please order your food at the bar, quoting your table number when ordering**

Please ask our team for today's choice of specials.  
We hope you enjoy your meal.

*Please note, specials may not be available during peak seasons*

# CHILDREN'S MENU

*Mains — 7.00 / Desserts — 3.00*

## MAINS

### Chargrilled Paprika Chicken Fajitas

With a tomato salsa (462 kcal)

### Cumberland Sausage

With mash or chips, peas and gravy (745 kcal)

### Chicken & Bacon Linguine

With a creamy sauce (676 kcal)

### Cheese & Tomato Pizza

Served with chips and salad (853 kcal)

### Mini Fish & Chips

Served with peas (790 kcal)

### Kids' Super Food Pasta

A medley of broccoli, cherry tomatoes and spinach in a rich tomato ragù (675 kcal)

## DESSERTS

### Sticky Toffee Pudding

With toffee sauce (385 kcal)

### Ice Cream

(107 kcal)

# SIDES

**Homemade Chunky Chips** (592 kcal) — 4.00

**Skin-on Fries** (420 kcal) — 4.00

**Onion Rings** (255 kcal) — 4.00

**Spiced Masala Fries** (425 kcal) — 4.50

**Side Salad** (148 kcal) — 4.50

**Seasonal Vegetables** (35 kcal) — 4.00