

# THE HOG'S HEAD INN

## ALLERGENS ON OUR MENUS

For those who have an allergic reaction to specific ingredients in food, even a trace of it being present can be extremely dangerous. A European Union directive has identified fourteen allergens that must be identified in every dish we serve and below is the breakdown of our menu, highlighting each allergen as it occurs in our recipes.

Many of these allergens are present in our kitchens in some items, and in the normal operation of our business we cannot guarantee product separation and no cross-contamination of traces of these allergens. There is a risk that items in your dish may have accidentally come into contact with an allergen at any point in time. When you arrive please inform us if you have a food allergy before you order. We will assist you making your menu choice, and will take all reasonable steps to minimise the risk of cross-contamination during the preparation of your meal.

*The allergens identified here are based on ingredients from our approved suppliers. From time-to-time we may have to temporarily substitute a product from a different source and the ingredients may differ slightly – if you have any concerns please ask your server to check with our chefs.*

Celery	Crustacean	Eggs	Fish	Gluten	Lupin Flour	Milk	Molluscs	Mustard	Nut	Peanut	Sesame	Soya Beans	Sulphites
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### BREAKFAST

Full Northumbrian English			✓	✓	✓	✓						✓	✓
Full Vegetarian Breakfast			✓	✓	✓	✓							
Toast				✓		✓							
Eggs on Toast			✓	✓		✓							
Bacon Roll			✓	✓		✓							
Bacon & Egg Roll			✓	✓		✓							
Bacon & Sausage Roll			✓	✓	✓	✓						✓	✓
Bacon, Egg & Sausage Roll			✓	✓	✓	✓						✓	✓
Sausage & Egg Roll			✓	✓	✓	✓						✓	✓
Sausage Roll			✓	✓	✓	✓						✓	✓
Breakfast Wrap			✓	✓	✓							✓	✓
Craster Kippers				✓	✓								
Granola				✓		✓			✓				



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## PIZZA

Margherita				✓		✓							
Pepperoni				✓		✓							

## MEAT FREE

Sweet Potato & Lentil Curry				✓		✓		✓					
Roasted Red Pepper & Basil Pesto Linguine				✓		✓			✓			✓	
Falafel Burger			✓	✓		✓							

## SIDES

Homemade Chunky Chips			✓									✓	
Mixed Salad								✓					✓
Onion Rings			✓	✓								✓	✓
Macaroni Cheese			✓	✓		✓		✓					
Pilau Rice													
Coleslaw			✓					✓					
Side of Vegetables													
Green Peppercorn Sauce						✓						✓	✓
Blue Cheese Sauce						✓						✓	✓

## DESSERTS

Sticky Toffee Pudding			✓	✓		✓						✓	✓
Chocolate Fudge Cake			✓			✓							
Toffee Pecan Roulade			✓			✓		✓					
Chef's Homemade Cheesecake				✓		✓							
Apple & Dark Fruit Crumble				✓		✓							
Chocolate Tart			✓	✓		✓						✓	
Hot Cherry Bakewell Pudding			✓	✓		✓		✓					
Cheese & Biscuits			✓	✓		✓					✓		
Ice Creams & Sorbets						✓							

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## CHILDREN'S MENU

Fish Goujons			✓	✓		✓		✓				✓	
Sausages			✓	✓								✓	✓
Chicken Goujons		✓	✓	✓									
Cheese Burger			✓	✓		✓							✓
Macaroni Cheese			✓	✓		✓		✓					
Tomato Pasta				✓		✓							
Scampi & Chips		✓	✓	✓				✓					✓
Children's Cold Platter				✓		✓							
Ice Lolly													
Ice Cream						✓							
Chocolate Brownie			✓			✓						✓	

## SANDWICHES

Roast Sandwich of the Day			✓	✓		✓		✓				✓	✓
Roasted Red Pepper & Feta Cheese Wrap				✓		✓							
Chicken, Pesto & Rocket Wrap				✓					✓				
Bacon, Brie & Cranberry Sandwich				✓		✓							
Coronation Chicken & Spinach			✓	✓				✓					
Fish Finger Sandwich			✓	✓		✓		✓				✓	

## SUNDAY CARVERY

Roast Beef			✓	✓		✓						✓	
Roast Pork			✓	✓		✓						✓	
Roast Turkey			✓	✓		✓						✓	

## FROM THE BAKERY

Fruit Scone			✓	✓		✓							
Cheese Scone			✓	✓		✓							
Teacake				✓		✓							